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Introduced and Native Congeners Use Different Resource Allocation Strategies to Maintain Performance during Infection

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ABSTRACT

Hosts can manage parasitic infections using an array of tactics, which are likely to vary contingent on coevolutionary history between the host and the parasite. Here we asked whether coping ability of congeners that differ in host-parasite coevolutionary history differed in response to experimental infections with a coccidian parasite. House sparrows (Passer domesticus) and gray-headed sparrows (Passer griseus) are sympatric and ecologically similar, but house sparrows are recent colonizers of Kenya, the site of our comparison, whereas gray-headed sparrows are native. We evaluated three variables as barometers of infection coping ability: vertical flight, pectoral muscle size, and fat score. We also measured routing of a dose of 13C-labeled leucine, an essential amino acid, among tissues to compare resource allocation strategies in response to infection. We found that burden effects on performance were minimal in both species, but house sparrows maintained considerably higher burdens than gray-headed sparrows regardless of exposure. House sparrows also had more exogeneous leucine tracer in all tissues after 24 h, demonstrating a difference in the way the two species allocate or distribute resources. We argue that house sparrows may be maintaining larger resource reserves to mitigate costs associated with exposure and infection. Additionally, in response to increased parasite exposure, gray-headed sparrows had less leucine tracer in their spleens and more in their gonads, whereas house sparrows did not change allocation, perhaps indicating a trade-off that is not experienced by the introduced species.

Introduction

Expression of many life history characteristics, such as reproductive parity and investment in particular immune components, is intimately linked with availability of resources (Stearns 1992). Trade-offs occur when resources are limited because investment in one process ultimately results in fewer resources for other processes (Stearns 1992; Roff 1993). Due to expenses associated with maintenance, induction, and mitigation of the immune system, costs of immunity are likely significant mediators of host evolution, especially when a host experiences a major alteration in parasite diversity and infection risk, such as frequently occurs during host introductions and range expansions (Torchin et al. 2003; Colautti et al. 2006). How an introduced host responds to these changes in parasite pressures in its new range could, in part, influence its introduction success (Lee and Klasing 2004; Martin et al. 2010b). In particular, previous studies have supported the idea that trade-offs and subsequent changes in resource allocation facilitate invasion success and range expansions (Blossey and Notzold 1995; Lee and Notzold 1999; Lee and Klasing 2004; Phillips et al. 2010), but none has yet tested this hypothesis directly.

The goal of our study was to investigate how infection with a ubiquitous, generalist intestinal protozoan parasite affected individual health and altered allocation of an essential nutrient in a successful introduced species, house sparrows (HOSP; Passer domesticus), compared to a native congener, gray-headed sparrows (GHSP; Passer griseus). HOSP are native to the Middle East and Europe but have established populations across the globe, including our study site in Nakuru, Kenya, in the 1990s (Lewis and Pomeroy 1989; Martin et al. 2014). In general, HOSP have lost many of their specialist parasites during introductions (Manwell 1957; Brown and Wilson 1975; Marzal et al. 2011) but appear to be highly competent reservoirs for many generalist parasites in their introduced territories (Komar et al. 2003; Lee et al. 2005; Reisen et al. 2005).

HOSP and GHSP are similar in terms of diet, body size, and behavior, and the two often cohabitate, suggesting that parasite exposure risk is comparable, at least for environmentally transmitted parasites. Yet, as GHSP are native and HOSP are introduced, coevolutionary history with local parasites should differ between the two species. As such, we first compared resistance and tolerance in HOSP and GHSP. Resistance refers to a host’s
ability to avoid or clear infections, whereas tolerance is defined as the slope of a regression between host fitness and parasite burden (Raberg et al. 2009). Ecologically, tolerance represents a host’s ability to maintain fitness during infection (Sears et al. 2011). Given their longer evolutionary history with local parasite strains, we expected native GHSP to better resist infection, resulting in lower burdens during a natural infection and after experimental exposure under controlled conditions. Conversely, though infections may be more likely in native HOSP, we hypothesized that HOSP would tolerate coccidia infections better because tolerance may provide an indirect mechanism that HOSP could utilize to outcompete natives (Kelly et al. 2009; Martin et al. 2010b; Dunn et al. 2012). Here, we used three performance metrics to estimate tolerance: abdominal fat score, pectoral muscle size, and vertical flight.

In an effort to reveal the underlying mechanism by which species cope with infection, we also compared nutrient allocation strategies in response to parasite exposure between species. In both experimentally exposed and unexposed (but still infected) birds, we measured allocation of a dose of $^{13}$C labeled L-leucine (hereafter $^{13}$C leucine), an essential amino acid that cannot be synthesized by the body yet is a critical component of virtually every protein therein. Because $^{13}$C leucine is typically rare in the body, an exogenous dose can be given and serve as a proxy for determining rates of protein synthesis in individual tissues. In this way $^{13}$C leucine can then be tracked to monitor nutrient allocation (McCue 2011). We hypothesized that experimental exposure would cause GHSP to allocate relatively more $^{13}$C leucine to tissues associated with immune responses (liver and spleen) to facilitate parasite clearance (i.e., resistance). We predicted that HOSP would respond by investing relatively more $^{13}$C leucine in gonads and pectoral muscle to maintain reproductive and physical performance during infection in order to maintain competitive ability (Kolar and Lodge 2001; Whitney and Gabler 2008).

**Material and Methods**

**Capture and Husbandry**

HOSP and GHSP were captured in mist nets in Nakuru, Kenya ($0'17''S$, $36'4''E$), in March and April of 2012. Sex was determined at capture for HOSP (externally dimorphic) and at necropsy for GHSP (externally monomorphic). Prior to experimental exposure, birds were kept in two flocks (split by species) in outdoor enclosures, approximately $1.5 \times 1 \times 1.5$ m, within a few meters of each other. Birds were fed a mix of dried rice, millet, and sorghum ad lib. Hard-boiled chicken eggs, cooked fine cornmeal, and fresh fruit were offered several times weekly. Prior to the experiment, birds were medicated with sulfadimethoxine, an anticoxidial and antibiotic drug, used as directed by the manufacturer for poultry, dissolved at a concentration of $\sim 0.05\%$ in the drinking water and provided continuously except where noted below. Infections are not cleared by sulfadimethoxine (Brawner et al. 2000); rather, the drug inhibits the first, asexual stage of coccidia replication in the host (Reid 1990). As such, sulfadimethoxine blocks the costs associated with acute infection and any further increases in burden as a result of parasite exposure during captivity. The drug does not, however, block the second, sexual stage reproduction, so (chronic) parasite burden was relatively constant and indicative of capture burden despite nonexperimental parasite exposure that may have occurred during captivity.

During the 11-d experiment, birds were housed in small single-species groups (one to four birds) in conventional songbird cages ($35.6 \times 40.6 \times 44.5$ cm). The experiment was run in two consecutive iterations beginning in April and ending in May. For the first 4 d of the experiment (prior to experimental exposure), all birds were given unmedicated water so residual medication would not interfere with experimental infections for experimentally exposed birds and for consistency in the control groups. Parasite exposure (or control [vehicle] exposure) was performed on experiment day 5. Postexposure, control birds again received water with sulfadimethoxine to maintain burdens. Experimentally exposed birds were given unmedicated water. All procedures met guidelines for the use of animals in research and were approved by the University of Southern Florida Institutional Animal Care and Use Committee (W3202) and the Kenyan Ministry of Science and Technology.

**Parasites**

Coccidia were used for experimental infections because (i) they are generalist, fecal-orally transmitted parasites; (ii) accurate quantification of shedding and standardization of exposure is possible; (iii) oocyst (egg) peak shedding is typically consistent from day to day (Greiner 1989a); (iv) rates of oocyst shedding closely correlate with intestinal burden (Dolnik 2006); and (v) coccidiosis can be lethal for some passerines (Hörak et al. 2004; Greiner 1989a). The particular species of coccidia used in this study, *Isospora lacazei* (family Eimeriidae; E. Greiner, personal communication), has a relatively broad geographical and host range within passerines (Levine 1982), though local adaption of haplotypes is likely common (Schrenzel et al. 2005; Dolnik et al. 2009). In infected chickens, oocysts are released in the feces 4–5 d postinfection, with peak shedding 6–9 d postinfection, followed by chronic shedding (Allen and Fetterer 2002). Immune responses occur most strongly during the first 6 d postinfection (Allen and Fetterer 2002). Thus, the first 6 d postinfection (experiment days 5–11) tend to be more costly per unit time as compared to the chronic phase of infection (Dolnik and Hoj 2010). Oocyst shedding follows a diel periodicity in passerines, with the major peak in shedding occurring 2–4 h before sunset (Boughton 1933; Kruszewicz 1995; Lopez et al. 2007). Once shed, oocysts undergo a period of sporulation to become infectious. We designed our study to overlap the times during which effects of exposure should be most observable.
**Oocyst Quantification**

Oocyst shedding rate was determined for each bird on the first day of the experiment (day 1), the day of experimental exposure (day 5), and the last day of the experiment (day 11). The oocyst quantification protocol was adapted for the field from Dolnik (2006). Briefly, birds were individually placed in cloth bags ~3 h before sunset until a single fresh fecal pellet could be collected (within 1 h). Pellets were preserved at room temperature in a 2% potassium dichromate solution until sugar floating could be carried out (~1 wk). Quantification of oocysts was performed by washing the oocysts three times with water before adding 40% saturated sucrose solution to float the oocysts (Greiner 1989; Dolnik 2006). A 20-μL sample was taken from the middle of the flotation solution surface, placed on a glass slide, and examined immediately. This method provides a relative oocyst count per fecal pellet, not oocyst per gram feces. In other species, this method is preferred because it accounts for bird size, is correlated with gut parasite burden, and is not affected by desiccation as weighing methods under field conditions can be (Dolnik 2006).

**Experimental Exposure**

Oocysts for experimental infections were obtained using the following adapted protocol (Hörak et al. 2004, 2006). To begin, dozens of fecal pellets were collected from the bottoms of cages of eight HOSP and eight GHSP, 14 d before experimental exposure of the first cohort. Samples from both species were pooled and then divided into several replicates. Each replicate was mixed with water and then strained, after which oocysts were allowed to settle to the bottom of the tube before supernatant was removed and a 2% potassium dichromate solution added. The mixture was sporulated at room temperature for 7 d, with daily aeration. After 1 wk, oocysts from each replicate were examined daily to ensure sporulation. Once more than 90% of examined oocysts were infectious, oocysts were kept in sealed containers at room temperature until experimental exposures were performed.

On the day of coccidia exposure (day 5), the potassium dichromate supernatant was removed, the remaining residue was washed four times, and the oocysts were floated as described. A 2-mL sample was taken from the surface of the float (where the viable oocysts were located) and placed in a clean tube with enough water to dilute the sugar solution. Once the oocysts precipitated to the bottom of the tube, the supernatant was removed only until 1 mL of residue remained. The residue was homogenized and the average of five subsamples used to determine the starting oocyst concentration. Cages of birds of each species were randomly selected to be in one of three groups: control birds were given 100 μL of water, low-dose birds were given 200 oocysts in 100 μL water, and high-dose birds were given 2,000 oocysts in 100 μL water. All treatments were given orally.

**Leucine Allocation**

On day 10, 10 control birds (n = 5 HOSP and 5 GHSP) and 35 experimentally exposed birds (HOSP: n = 10 high dose, n = 8 low dose; GHSP: n = 9 high dose, n = 8 low dose) were orally gavaged with a single 20-mg dose of 13C leucine, 99% suspended in 200 μL of sunflower oil (Cambridge Isotopes, Cambridge, MA), as previously described (McCue et al. 2010). As the leucine was incorporated into tissues, so too was the 13C tracer. Twenty-four hours after administration, birds were euthanized by rapid decapitation under deep isoflurane anesthesia. Immediately after euthanasia, biopsies from the liver and pectoral muscle and entire spleens and gonads were removed and frozen in liquid nitrogen until transfer to the United States, upon which samples were kept at −40°C until lyophilized and prepared for isotope analysis (McCue et al. 2010). Isotope ratio mass spectrometry analysis was performed at the US Environmental Protection Agency, Atlantic Ecology Division Laboratory, in Narragansett, Rhode Island, with a Vario microelemental analyzer interfaced with an Isoprime 100 isotope ratio mass spectrometer (Elementar Americas, Mt. Laurel, NJ).

The 13C values in the tissues were recorded in terms of δ13C (Slater et al. 2001; Werner and Brand 2001). Background δ13C values measured in the tissues of birds that were not exposed to the 13C tracer were used to calculate the δ13C enrichments resulting from the exogenous 13C leucine tracer. These enrichments (in δ units) were log transformed to achieve normality and then divided by body mass to adjust for minor differences in organ mass (McCue 2011), which can affect tracer distribution. We expressed these δ13C enrichments in terms of
log δ per gram, and these values were used as a proxy for leucine allocation (hereafter absolute leucine allocation). We also compared the relative leucine allocation to the lymphoid tissues in terms of allocation to the gonadal tissue (i.e., absolute allocation to splenic or hepatic tissues divided by absolute allocation to gonadal tissue; sensu McCue et al. 2013), as well as the weighted leucine allocation (i.e., the absolute leucine in a particular tissue divided by the total absolute leucine in all tissues measured); the resulting ratios were unitless.

### Analyses

A repeated-measures ANOVA revealed that exposure dose (low vs. high) did not affect burden differently (GHSP: Scheffé post hoc test, low vs. high, \( P = 0.474 \); HOSP: Scheffé post hoc test, low vs. high, \( P = 0.904 \)) and no performance metric differed between low- and high-dose-exposure groups (data not shown). For this reason, we combined the two doses into a single experimentally exposed group for each species for all analyses. For many analyses we refer to preexposure and postexposure variables, by which we mean experiment day 1 and day 11, respectively. In other analyses we used the change in performance or burden, which was calculated by subtracting day 11 values from day 1 values. We performed all analyses using both raw and body-size-adjusted performance variables (performance divided by mass \([g]\)), but as outcomes were similar, we report analyses of only raw data here. All statistics were performed in IBM SPSS Statistics, version 21.0.

### Resistance and Tolerance

Traditionally, resistance is defined as the inverse of burden after exposure of an uninfected individual (Raberg et al. 2009). However, even prior to the experiment, every bird was infected with coccidia. Subsequently, we used repeated-measures ANOVA to compare burden based on species and exposure (experimentally exposed vs. the control group) and their interaction, which would reveal differences in relative resistance in response to experimental exposure. We also compared initial burden with an independent \( t \)-test to determine whether preexposure burden was different between species. Last, we were interested in whether initial burden could predict change in burden in experimentally exposed birds; thus, we used ANCOVA with change in burden as the dependent variable and species and preexposure burden as the independent variables. Prior to analyses, coccidia burdens were log10 transformed to achieve normality. All other continuous independent variables were normally distributed based on histogram, skewness values, and kurtosis statistics.

We investigated possible tolerance differences using general linear models (GLMs), asking whether species differed in how average postexposure burden affected average postexposure performance (dependent variable: postexposure performance; independent variables: postexposure coccidia burdens, species, and their interaction; data: experimentally exposed birds only). A significant burden \( \times \) species interaction term would suggest species differences in tolerance.

### Parasite Burden and the Effects of Burden on Performance

HOSP shed over 10 times as many oocysts as GHSP prior to experimental coccidia exposure (\( F_1, 39.3 = 15.01, P < 0.005 \); fig. 1A). Burden in control groups remained low over the experimental period in both species, indicating that the anticoccidial drug was effective in maintaining burden (fig. 1B). In experimentally exposed groups, both HOSP and GHSP increased burdens after experimental exposure, though HOSP had significantly higher burdens both before and after experimental exposure (fig. 1B, table A1; tables A1 and A2 available online). Yet, there was no exposure \( \times \) species interaction, indicating no differences in resistance. For both HOSP and GHSP, preexposure coccidia burdens were significantly negatively correlated with change in coccidia burdens postexposure (\( F_1 = 35.58, P < 0.0005 \)), with HOSP sustaining significantly larger burdens than GHSP (\( F_1 = 13.86, P = 0.001 \); fig. 2). As indicated in figure 2, there appears to be a maximum rate of shedding in both species, but the maximum is higher for HOSP than GHSP. Last, burden did not affect any of the three performance metrics for experimentally exposed HOSP or GHSP (fig. 3; table A2); thus, tolerance did not differ between species.

### Resource Allocation

HOSP had more absolute leucine in all tissues than GHSP after 24 h (species: \( F_{2, 39.3} = 37.8, P < 0.0005 \)) and tissues had significantly different amounts of leucine (tissue: \( F_{5, 99.4} = 99.3, P < 0.0005 \)). Absolute leucine allocation patterns (to all tissues measured) also differed between species (tissue \( \times \) species interaction: \( F_{5, 99.4} = 4.24, P = 0.007 \); fig. 4A). Weighted leucine
Figure 1. House sparrows (HOSP) shed significantly more coccidia than gray-headed sparrows (GHSP) pre- and postexperimental exposure. A, The boxplot illustrates that on experiment day 1, prior to exposure, all birds of both species were infected with coccidia, though HOSP had significantly higher burdens than GHSP ($P < 0.0005$). Error bars show minimum to maximum values, box indicates upper and lower quartiles, and midline denotes mean. B, Both species experienced similarly significant increases in burden after experimental exposure to coccidia compared to controls (time: $P = 0.033$; species: $P < 0.0005$; exposure: $P < 0.0005$; species × time × exposure: not significant). Error bars are ±1 SE.

Figure 2. Coccidia burden on experiment day 1 significantly negatively predicted change ($\Delta$) in coccidia burden over the 11-d experiment ($P < 0.0005$). Burden was significantly higher for house sparrows (HOSP) than for gray-headed sparrows (GHSP; $P = 0.001$).

**Discussion**

We hypothesized that differences in coevolutionary history among HOSP, GHSP, and a local Kenyan coccidian parasite would lead to variation in how hosts coped with and allocated an essential resource in response to infection. Our first prediction, that GHSP would be more resistant than HOSP, was not supported. All birds in the study were naturally infected prior to capture, and both species had similar increases in burden after experimental exposure. In both species, initial burden significantly predicted change in burden postexposure. Importantly, though, HOSP shed more than 10 times as many oocysts as GHSP before and after experimental exposure, which may have implications for the success of the former as an invader. Our second prediction, that HOSP would be more tolerant than GHSP, was also not supported. Both species tolerated coccidia well, even when burden was increased experimentally. Our third prediction, that HOSP would allocate more of an essential amino acid toward tissues that maximized reproductive and physical performance rather than immunity, was also not supported. However, species did allocate leucine differently. Specifically, HOSP had more leucine tracer in all tissues at the time of sampling than GHSP. Additionally, exposed GHSP had...
more leucine tracer in gonads relative to liver, whereas HOSP had similar amounts of \(^{13}\)C leucine regardless of exposure. These outcomes suggest a trade-off in response to acute coccidia infection in the native species but not the introduced species, though it could also be an artifact due to the constraints of our experimental design. Below, we interpret these outcomes with respect to their impacts on the Kenyan HOSP range expansion as well as coccidia dynamics in avian communities.

**Burden and Performance**

Our experimental data indicate that these two host species have similar levels of resistance (fig. 1) and tolerance (fig. 3) to coccidia infections. These results may partially be explained by this ecotype of *Isospora lacazei* being relatively avirulent or because *Passer* coping responses to coccidia are effective and conserved. Yet the fact that host performance was similar despite very different parasite burdens is intriguing. How and why do HOSP incur and endure such high burdens? One possibility is that HOSP have higher burdens because they engage in behaviors that put them at increased risk of exposure, such as by disproportionately eating food contaminated by infected feces (Dolnik et al. 2010). Alternatively, gut morphology could differ between HOSP and GHSP, giving the parasites more space in which to encyst. This possibility seems unlikely given that the two species have similar diets and are about the same body...
inflammatory reactions (Lee and Klasing 2004; Martin et al. 2010) an evolutionary history with a parasite is collateral damage from species given that one major cost of infection in hosts lacking a strategy may be valuable or even necessary for introduced (fig. 2). Although this possibility should be tested directly, such a strategy may be valuable or even necessary for introduced species given that one major cost of infection in hosts lacking an evolutionary history with a parasite is collateral damage from inflammatory reactions (Lee and Klasing 2004; Martin et al. 2010; Sears et al. 2011).

Ecologically, the high burdens that HOSP maintain may increase the frequency of parasite exposure for other avian hosts in the community (Restif and Koella 2004; Horns and Hood 2012), an outcome termed parasite spillback (Kelly et al. 2009). As HOSP shed many coccidia but experience minimal health impacts themselves, spillback may enable HOSP to outcompete some native hosts (Kelly et al. 2009). There is already anecdotal evidence that HOSP employ parasite spillback in their introduced range in North America, where they are increasing exposure of native cliff swallows (Petrochelidon pyrrhonota) to a native arbovirus (O’Brien et al. 2011).

**Optimal Defense Strategies**

We found evidence that HOSP and GHSP may use different resource allocation strategies when coping with coccidia infections. First, HOSP had more leucine tracer in all tissues after 24 h compared to GHSP. Though this measure was taken at a single time point and thus must be interpreted cautiously, it suggests that HOSP (i) more rapidly or more efficiently assimilate leucine, (ii) oxidize more leucine during digestion for immediate use in tissues, and/or (iii) metabolize or export leucine more slowly from tissues than GHSP. Though factors such as differences in burden or response to coccidia may influence absolute leucine assimilation, any of these mechanisms could provide HOSP with a larger nutrient pool from which to draw and buffer costs of acute infection. One promising test of this possibility would be to constrain further availability of nutrients, which may reveal trade-offs among systems that were masked in this study (Ruiz et al. 2011).

A second distinction in allocation between HOSP and GHSP was the relative distribution of leucine among tissues. Overall, GHSP had relatively more leucine tracer in their spleens than HOSP both before and after experimental coccidia exposure. One interpretation of this pattern is that native species have a relatively greater investment in (splenic) immunity. Similar patterns of low immune investment have been observed before in introduced HOSP, although not at the level of resource allocation to tissues (Lee et al. 2005, 2006; Martin et al. 2010a). We expected GHSP would allocate more leucine to spleens and livers in response to coccidia exposure as compared to HOSP. However, we found that experimentally exposed GHSP allocated more leucine tracer in their gonads than livers (lower liver : gonad ratios) as compared to unexposed GHSP (fig. 5A), while HOSP allocation patterns did not vary with coccidia exposure. This species difference might reflect a resource trade-off in GHSP that is avoidable by HOSP, perhaps because of a greater absolute assimilation of leucine in HOSP (fig. 4A). If GHSP are employing immune mechanisms to keep their burdens low, it is possible that experimentally exposed GHSP are exporting immune proteins from spleen and liver faster than control GHSP. Consequently, it may appear as though exposed GHSP are allocating less leucine to lymphoid tissue when in fact they are exporting leucine more rapidly to minimize burden. Such an interpretation could also explain lower burdens in GHSP relative to HOSP.

In summary, our data indicate that despite very different parasite burdens, both HOSP and GHSP maintain performance when infected with a coccidian parasite, even after burden is experimentally elevated in both species. However, the mechanism by which performance is preserved appears to differ physiologically between species. Introduced HOSP harbor large parasite burdens and cope with experimentally increased burden without adjusting allocation of an essential amino acid. The native species, on the other hand, appears to allocate critical

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Figure 5. Ratios of $^{13}$C leucine in immune tissue (liver and spleen) relative to reproductive tissue differed significantly between house sparrows (HOSP) and gray-headed sparrows (GHSP). A. Coccidia-exposed GHSP had less $^{13}$C leucine in liver relative to gonad tissue, whereas exposure did not impact $^{13}$C leucine ratios in HOSP (species: $P = 0.238$; exposure: $P = 0.522$; species $\times$ exposure: $P = 0.041$). B. Species ($P = 0.009$) and exposure ($P = 0.026$) affected $^{13}$C leucine allocation in spleen relative to gonad tissue, but exposure effects were indistinguishable between species (species $\times$ exposure: $P = 0.151$). Error bars are ± 1 SE.
nutrients differently among tissues depending on parasite exposure, perhaps in an effort to maintain burden at lower levels. We speculate that these differences may belie mechanisms whereby the HOSP can expand their range using parasites as weapons (Coon and Martin 2014; Martin et al. 2014). However, as GHSP exhibited similarly effective coping ability, the success of the invasive HOSP as mediated by interactions with parasites may be limited in areas of sympatry with congeners.

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