# Growing food in Small spaces

### Keys to successfully grow food in a small space

- ► 1. Plan: what you will plant, methods, water.
- ▶ 2. Prepare: your self, your tools, the soil
- ▶ 3. Succession Planting: what to plant and when?
- ▶ 4. Companion planting: what can be paired with what?
  - "Carrots love tomatoes"

### Planning Succession Planting

Spring -Feb-May	Greens, root crops, fruit, flowers, bulbs, herbs, peas, potatoes
Summer-May to Mid- August	Tomatoes, peppers, eggplant, beans, Squashes, melons, cucumbers
Fall-Mid Aug to Mid- Nov	Lettuces, beet greens, Kale, Spinach
Winter-Dec to Feb If you do not want to plant just prep for the season by adding leaves and or manure	(Bulbs) Garlic, onions, carrots, potatoes

### Methods and Ideas to maximize your food growing capacity

- ► Raise beds
- **▶** Containers
- Community gardens
- Vertical planting
- Hanging pots
- ► Roof tops
- **▶** Windows
- Balcony/porch

## How maximize your planting bed using a bio-intensive method

0	L		L		beets	herbs
L	0	L	0	L		
0	L	0	L			
Cucumbers					2 Sunflower 6 peas/ beans	cabbage
Strav	vberr	ies			Kale	Strawberries

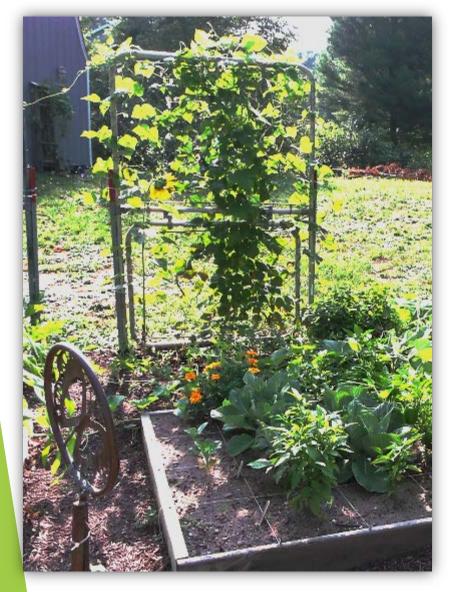
### **Examples of square foot Gardening**







### Vertical gardening examples





#### Other planting Ideas

50 Gallon tub- potatoes and herbs

Smaller storage container for lettuce and spinach





#### Use your local resources

South Side Community land Trust

**URI Maser Gardener Program** 

- Spring plant sale
- Workshops
- Website resources
- Community garden spaces

- Spring plant sale
- ► Ask a master Gardener
- Workshops
- Community garden spaces